

CERTIFICATE

OF PARTICIPATION

This is to certify that

IUDWIG Brits

Has successfully participated & completed the

13km Shift Wellness - Winter Wellness Trail Series

held at Walter Sisulu Garden.

TIME 01:07:13

PACE 05:09/km

OVERALL 3 of 59

GENDER 3 of 40

OPEN 3 of 19

21 July 2019, Sun

Date



Bout Time